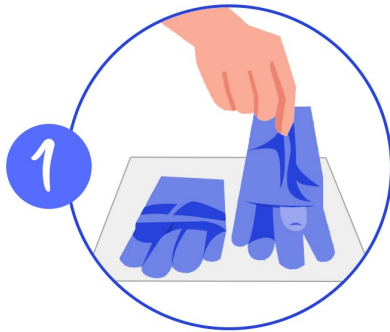
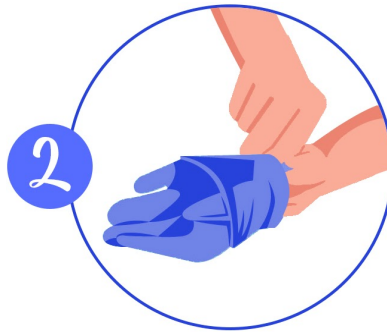


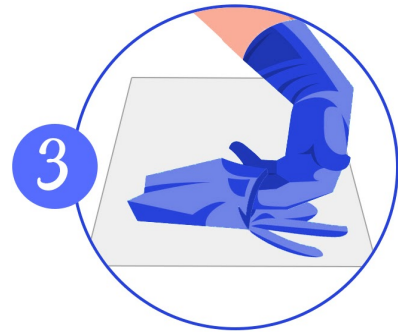
## How to don sterile gloves safely



Remove a single glove from your sterile field, ensuring to **ONLY** touch the **INSIDE** of the cuff



Slide the glove onto your non-dominant hand, again ensuring to only touch the **INSIDE** of the cuff



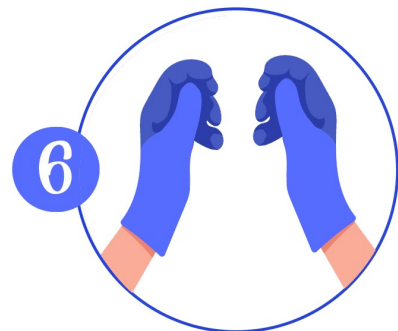
Grab your second glove from the sterile field by sliding your fingers in between the cuff and the palm



Pull down the glove onto your dominant hand ensuring to do so only from inside of the cuff



Finish by pulling the cuff by the inside onto your wrist



You are all set!

Remember to only touch Sterilised things with sterile gloves