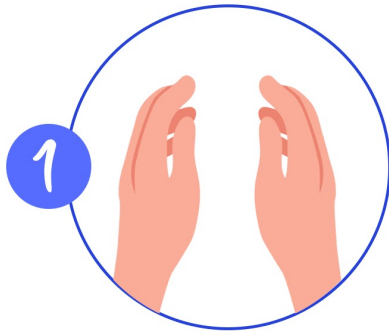
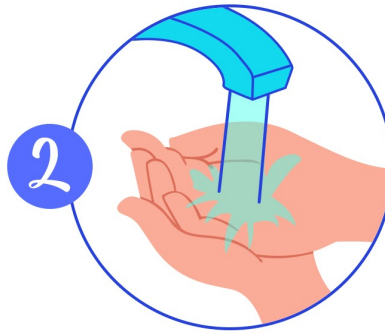


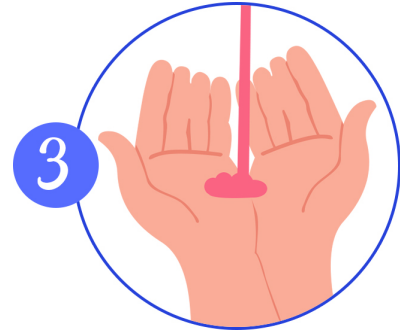
How to wash your hands correctly and safely



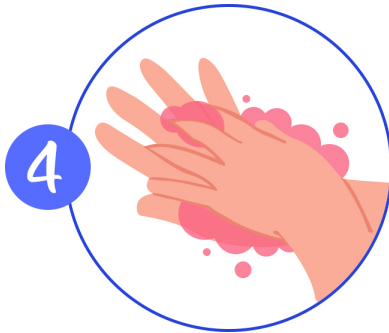
1 Remove everything from mid forearm down (watch, rings, bracelets, etc)



2 Wet hands with hands free tap



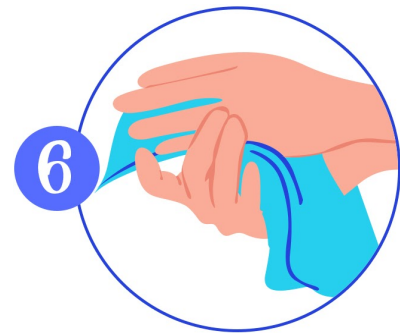
3 Apply gentle hand soap with hands free technique



4 Lather for 15-30 seconds - including palms, interlace fingers, nail-beds, thumb and wrist



5 Rinse thoroughly under warm water



6 Dry hands thoroughly using disposable paper towel or hands free dryer

The key to washing your hands efficiently is understanding that when you lather with soap, you are encapsulating dirt/oil/germs and then rinsing them away. You don't want to use harsh chemicals as you will damage your skin which can lead to open wounds and put yourself at risk.